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Rev: 03
Issue Date: 21 Aug 24
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(To be Read and Understood Before Completing the Medical Clearance Certificate on the Reverse Side)

Medical Clearance Certificate: Passengers with the following medical conditions require medical clearance and company approval before being accepted for travel on an Air Seychelles domestic flight:

- a. Passengers who would require medical attention / special equipment to maintain their health during flight;
- b. Passengers who may have their medical condition aggravated during or because of the flight;
- c. Completely immobile, unstable passengers in a wheelchair;
- **d.** Passengers suffering from a disease, infection or condition which is believed to be actively contagious and communicable, which poses a direct threat to the health or safety of others on the flight;
- e. Passengers who require a stretcher;
- f. Passengers who require medical oxygen during flight;
- g. Passengers whose medical condition is such that reasonable doubt exists that they can complete the flight safely without requiring extraordinary medical assistance during flight; this includes but is not limited to passengers who:
 - i. Suffer from unstable medical conditions (physical or psychological)
 - ii. Suffered from recent major medical incident (heart attack, heart failure, stroke, respiratory failure)
 - iii. Require the use of battery powered medical equipment or need to undertake any medical procedure during the flight, e.g. administering injections
 - iv. Suffers from thrombophlebitis
 - v. Are traveling with an infant aged 7 days or less or a premature infant (who does not require an incubator).

<u>Guidance for Physicians:</u> When medical clearance is required for the conditions mentioned above, a <u>latest diagnosis report</u>, also stating that the patient is capable of completing the flight safely without requiring extraordinary medical assistance during the flight and fitness to fly, <u>must</u> be completed by the treating physician. All sections of the <u>Medical Clearance Certificate</u> must be completed accurately using "<u>Block</u>" letters, <u>dated</u>, <u>stamped</u> and <u>signed</u>. It shall be given to the patient or his escort, who shall forward the Medical Clearance Certificate via email to the MEDIF approval team, on <u>medif@airseychelles.com</u>, with "MEDA" in the subject section plus "flight number and date" of travel.

Processing the completed Medical Clearance Certificate:

- 1. Should be submitted to medif@airseychelles.com at least 72 hours before the passenger's travel date;
- Should be completed based on the passenger's condition within 10 days of the passenger's travel date; (eg: If departure date is on the 20th May, doctor's diagnosis report should be dated not before the 10th May)
- 3. The Medical Clearance Certificate should state that the passenger is fit to travel.
- 4. All sections should be completed clearly, in Block letters, stamped, dated and signed as indicated on the forms.
- 5. The MEDIF approval team shall review and provide approval for travel, based on the Medical Clearance Certificate.

The passenger or his escort shall hand over the approval form to the ground service agent at the time of check-in.

The Principal factors to be considered when assessing a patient's fitness for air travel are:

- Flying altitude and atmospheric pressure
- The Twin Otter aircraft flies at a cruising altitude between 1000 to 3000 feet; patients with specific medical conditions may be at risk and <u>section 1 must</u> be completed.
- For patients with a communicable disease or condition that could pose a direct threat to the health or safety of others on the flight, a statement must be included on the Medical Clearance Certificate, stating that the disease or infection would not, under the present conditions of the particular patient's case, be communicable to other persons during the normal course of a flight.
- The medical certificate must state any conditions or precautions that would have to be observed to prevent the transmission of the disease or infection to other persons in the normal course of a flight.

Therapeutic Oxygen: Medical cases requiring emergency oxygen on board may be accepted for travel with oxygen supply (of a maximum of <u>5 litres</u>), provided <u>by the medical team</u>, taking into consideration the short duration of the flight and the non-pressurised aircraft. Patients requiring emergency oxygen shall always be escorted by a qualified medical personnel.

Medical Assistive Devices: Personal electronic respiratory assistive devices such as ventilators, respirators, continuous positive airway pressure machines and portable oxygen concentrators, approved by European Union Aviation Agency (EASA) may be permitted to be carried / used on the aircraft.

Stretcher Cases

- For patients required to travel on a stretcher, special medical evacuation flights (Medevac) and prior arrangements shall be made with Air Seychelles Operations Control Centre on Tel: 4391175.
- During the planning stage, the medical team shall confirm that <u>at least 3 medical personnel</u> shall be available to assist with loading and unloading of the patient at the point of departure and arrival at destination.
- Air Seychelles can accommodate <u>only 1</u> stretcher patient on any flight and the patient shall always be escorted by a qualified medical personnel <u>plus</u> an <u>able-bodied adult.</u>



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(Before completing this part, please read and understand the guidance on the front page)

| (To be Completed Accurately by the Treating Physician in "Block" letters - All Sections are Mandatory) | | | | |
|--|----------------------------------|------------------------------|----------------------------------|-----|
| NAME OF PASSENGER: | | | NIN: | |
| DESTINATION: | | | | |
| Medical Diagnosis Report: (r | eport to include date of onset | of the medical problem | , and patient's fitness to fly). | |
| | | | | |
| | | | | |
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| | | | | |
| Section 1: DECLARATION O | F ILLNESS, ACCIDENT AND | / OR TREATMENT | 1 | |
|) Nature and date of any surger | | | | _ |
|) Prognosis for a safe trip: | Good Guarded (Medic | al Escort Mandatory) | Poor (Medical Escort Mandato | ry) |
|) Contagious and Communicable | e disease (if yes, specify): | No Yes | | |
|) If c) is yes, does Air Seychelles | s crew/staff require any protect | tive gear such as face r | masks and gloves? No Y | es |
|) Intellectual Disability (if yes, sp | ecify): No Yes | | | |
| Preferred aircraft altitude (if app | licable) | - | | |
|) Sex: | Age: | Weight: | Kg. | |
| Section 2: SEATING REQUIR | EMENTS | | | |
| Upright (must sit upright o | during take-off and landing) | Stretcher | | |
| Section 3: TRAVELLING WIT | H OXYGEN | | | |
| | rovides continuous flow of oxy | rgen on board. Tick ✓ | on the required flow rate. | |
| | LPM | g | 2 | |
| Option 2 - Personal Oxyger | n Concentrator - Type: | | (Only EASA approved) | |
| Option 3 – No supplement | oxygen required. | | | |
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Section 4: REQUIREMENT OF ESCORT (for stretcher cases 2 escorts – including 1 medical escort) Option 1 – No assistance required Option 2 - The patient needs an escort to take care of his/her needs on board, which may include administering medication, etc. Physician Nurse Personal (Non - medical) Escort Paramedic If yes, tick ✓in relevant box: No Note: If Personal (Non-Medical) is the escort fully capable to attend to all the above needs? Section 5: OTHER ARRANGEMENTS 1) Wheel Chair Requirement (Tick \(\sigma \) on the required one): To the aircraft (WCHR) Unable to climb steps (WCHS) Inside the cabin (WCHC) Own wheelchair (if electric, must be dry cell operated only) Note: WCHC / WCHS/ WCHC-STABLE passengers with a medical condition shall be accompanied by an able-bodied adult, qualified to assist with their embarkation/disembarkation; to provide them with required care during flight and assist in their evacuation. 2) Hospitalization/Ambulance Requirement: lΝο Yes (if yes, provide telephone details below) (Note: All hospital and ambulance arrangements must be made by the passenger) a) Origin: _ b) Destination: 3) Medication or Medical Devices Required on board: No Yes (if yes, please specify below) 4) Other Medical Information/Special Assistance Needed:_ Section 6: Additional clinical information If yes, give recent result in grams of hemoglobin a. Anemia b. Psychiatric and seizure disorder Yes No If yes, see next page C. Cardiac condition Yes If yes, see next page d. Normal bladder control Yes If no, give mode of control _____ e. Normal bowel control Yes No f. Respiratory condition Yes No If yes, see next page



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| 1. Cardiac condition | |
|---|---------------------------------|
| a. AnginaYesNo When was last episode? | |
| • Is the condition stable?Yes No | |
| • Functional class of the patient? | |
| No symptomsAngina with important effortsAngina with light efforts | Angina at rest |
| • Can the patient walk 100 metres at a normal pace or climb 10 -12 stairs without symptoms? Yes No | |
| b. Myocardial infarctionYesNo Date | |
| • Complications?Yes No If yes, give details | |
| • Stress EKG done?Yes No If yes, what was the result? | Metz |
| • If angioplasty or coronary bypass, | |
| can the patient walk 100 metres at normal pace or climb 10-12 stairs without symptoms? | Yes No |
| c. Cardiac failureYes No When was last episode? | |
| • is the patient controlled with medication? Yes No | |
| • Functional class of the patient? | |
| No symptomsShortness of breath with important efforts | |
| | |
| Shortness of breath with light efforts Shortness of breath at rest | |
| d. SyncopeYes No Last episode Investigations?Yes No If yes, state results 2. Chronic pulmonary conditionYesNo | |
| Investigations? Yes No If yes, state results | |
| 2. Chronic pulmonary conditionYesNo | |
| a. Has the patient had recent arterial gases?YesNo | 1.504 |
| b. Blood gases were taken on: Room air Oxygen | LPM |
| If yes, what were the resultspCO2 | pO2 |
| Saturation Date of exam | <u> </u> |
| c. Does the patient retain CO2?YesNo | |
| d. Has his/her condition deteriorated recently?YesNo | |
| e. Can the patient walk 100 metres at a normal pace or climb 10-12 stairs without symptoms? | |
| f. Has the patient ever taken a commercial aircraft in these same conditions? | YesNo |
| • If yes when? | |
| Did the patient have any problems? | |
| 3. Psychiatric ConditionsYes No | |
| Is there a possibility that the patient will become agitated during flight | YesNo |
| Has he/she taken a commercial aircraft before | YesNo |
| • If yes, date of travel?alone _ | escorted? |
| 4. SeizureYesNo | |
| a. What type of seizures? | |
| b. Frequency of the seizures | |
| c. When was the last seizure? | |
| d. Are the seizures controlled by medication?YesNo | _ |
| | |
| | |
| Section 7: PASSENGER'S (or GUARDIAN'S) DECLARATION | |
| Ihereby authorize (name of nominated physician) Doctor | |
| complete this form for the purpose as indicated overleaf and in consideration thereof, I hereby relieve the | |
| professional duty of confidentiality in respect of such information and agree to meet such physician's fee | s in connection therewith. |
| I take note that if accepted for carriage, my journey will be subject to the general conditions of carriage | e/tariffs of Air Seychelles and |
| that Air Seychelles does not assume any special liability exceeding those conditions/tariffs. | |
| I am prepared at my own risk to bear any consequences which carriage by air may have for my star | ie of health and I release Air |
| Seychelles, its employees and agents from liability for such consequences. | v corridge |
| I agree to reimburse the carrier upon demand for any special expenditures or costs in connection with me I have read and understood the guidance on the front page. | y camage. |
| · · · · · · · · · · · · · · · · · · · | |
| Signature: Date: | |
| Date | |
| | |
| | |
| Name of the Treating physician and hospital: | |
| Name of the Treating physician and hospital: | |
| Telephone number of hospital / physician (Mobile Preferred): | |
| Telephone number of hospital / physician (Mobile Preferred): | |